

Lent

Prayers and worship resources on the themes of 'Lent' – updated April 2019



Ash Wednesday prayers

Holy God,

We thank you for your Son and through him our chance to become your children.

As we journey through Lent towards the cross, challenge us again to an uncomfortable holiness. Drive us into the wilderness places of our world, to the places where there are no food, no power and no protection.

Show us your Spirit at work there, so we might partner with you in the call of the gospel and discover your faithfulness to us, even in the deserted place and especially in the shadow of the cross.

Have mercy upon us we pray,

Amen.

Creator God,

We marvel that we are made from the dust of the earth, intimately connected and uniquely purposed within your creation.

Yet we confess that we have polluted this planet with sin and soot, dirtying the world with unclean fuels and burning forests to ash.

We have disconnected ourselves from our relationship to this planet; we have ignored the fragility and deaths of our fellow humanity.

Have mercy upon us, we pray.

As we repent and remember our return to dust, may we take up our crosses and follow you; and be faithful to your Son, who became human and died, so that we might live.

In his name,

Amen.

Prayers written by the Revd Beth Allison-Glenny

Tempting Intercessions

Particularly suited to Lent and the story of Jesus being tempted in the wilderness!

Lenten God

You knew the hardship of waiting in the desert
Be with all those who are away from their homeland
as they seek to make a new life and wait for news from home.

Lenten God

You knew the temptation to turn stones into bread
Be with all those who know the gnawing pain of hunger
as they struggle to survive in a world that does not share.

Lenten God

You knew the temptation to throw yourself off the pinnacle
Be with all those who know illness and despair
as they struggle to go on living as life passes them by.

Lenten God,

You knew the temptation to seize power for yourself
Be with all those who hold and exercise power
may they seek to make decisions that will bring justice and peace.

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Prayer of Devotion

Lord Jesus Christ
you have walked where we walk
and now you help us in our weakness:
blessed be your name.

Lord Jesus Christ,
you have been tempted as we have
and now you come to help us in our danger:
blessed be your name.

Lord Jesus Christ,
you have suffered for us
and now you help us when we reach our wit's end:
blessed be your name.

Lord Jesus Christ,
you were deserted and betrayed,
and now you are with us when all others have
gone:
blessed be your name.

Lord Jesus Christ,
companion Christ,
friend and saviour,
we adore you,
we love you,
we need you:
help us to follow.

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