

# RESOURCES

## Prayer Apps

Several apps have developed in recent years which use technology to support our praying lives and bridge the gap between faith and the digital space.

Here is a small selection – all can be found on the App Store or Google Play.



### Centering Prayer

The Centering Prayer mobile app supports the practice of centering prayer - a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God's presence within us. Advocates of Centering Prayer say it does not replace other prayer but encourages silence and deeper connection to God.

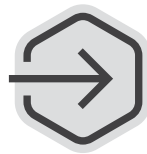
Created by the Contemplative Outreach spiritual network

**Glorify**  
Your daily worship

### Glorify

A daily worship app with curated Bible passages, daily devotionals, guided meditation and space to pray and reflect.

Created by Britons Henry Costa and Ed Beccle in 2020, it now has more than 10m users.



### Lectio 365

Pray the Bible, every day.

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Lectio 365 is a free daily devotional app that helps you pray the Bible every day. The roughly 10 minute morning devotions are inspired by Lectio Divina, a way of mediating on the Bible. Its Night Prayers use the Examen practice to help you reflect, rejoice, repent and rest each evening.

Created by 24-7 Prayer



### PrayerMate

PrayerMate helps you develop a discipline of prayer: organise your prayer life, know what to pray for, and actually pray. Pray consistently for the people and causes you care about.

PrayerMate is a ministry of Discipleship Tech, a London-based CIO 'using technology to help people grow in their relationship with Jesus'.

## Go deeper - more material online

### Read

#### A lamentable problem

Tim Judson, author of *Awake in Gethsemane: Bonhoeffer and the Witness of Christian Lament*, shares a brief overview of the biblical and historical tradition of lament.

[baptist.org.uk/tjlament](http://baptist.org.uk/tjlament)

### Chat and Catch

A framework created by Parenting for Faith that encourages children to communicate with God on their own terms – and then to hear from him. Kate Irvine of Chipping Campden Baptist Church, explains more.

[baptist.org.uk/chatcatch](http://baptist.org.uk/chatcatch)

### Listen

Baptist minister Jonathan Vaughan-Davies chats with Brian Heasley, international director of the 24-7 prayer movement and author of *Be Still: A Simple Guide to Quiet Times*.

<https://bit.ly/brianheasley1>

<https://bit.ly/brianheasley2>

### Course

Brian has also created a five session course which helps participants explore the simple, transformative practice of a daily quiet time with God.

[24-7prayer.com/podcast\\_series/be-still/](http://24-7prayer.com/podcast_series/be-still/)

# Books on prayer

## Selected recent books on prayer by Baptists

### Faith in Doubt: Prayers and Poems

By Simon Woodman  
(Independent)

A selection of prayers, often with responses, Woodman has written as he has led his congregation (Bloomsbury Central Baptist Church) in worship.

*'As a New Testament scholar he understands that words matter, so he has obviously taken time and thought before he invites the congregation to pray. The result is that the words are often fresh, engaging, searching and always honouring God.'*  
– Brian Haymes



### Gathering up the Crumbs

Edited by Catriona Gorton, Claire Nicholls, Gale Richards, Helen Dare, Molly Boot, Ruth Gouldbourne and Sarah Bingham  
(Baptist Union of Great Britain)

A collection of original worship material written, as part of the celebration of a centenary of Baptist women's ordination, by women who are accredited to serve in the churches of the Baptist Union of Great Britain, Baptist Union of Scotland and Baptist Union of Wales. Written for all (lay and ordained) who appreciate resources upon which to draw for reflection and prayer.

*'What an amazing book... 292 pages of carefully crafted words for occasions, events and experiences of a wide variety and order.'* – Keith Jones



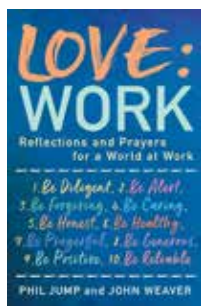
### Love: Work - Reflections and Prayers for a World at Work

By Phil Jump and John Weaver  
Darton, Longman and Todd

A companion for Christian disciples as they engage in various experiences of the world of work. The authors – both Baptist ministers – identify 'ten commandments' which can be used to focus on the outworking of faith in the office, boardroom or on the factory floor.

*'A valuable book to help bridge the gap between world of faith, which for all too many is private, and the public world of work and daily life. It is a book to read and then to keep close at hand.'*

– Amazon review



### On My Knees - Rebuilding our confidence in prayer

By Chris Band  
(Monarch Books)

Band approaches the subject of prayer by drawing heavily on responses from his own congregation (Headington Baptist Church) to their own experiences of prayer.

*'Like a workshop manual - cannot fail to improve our understanding of prayer and its potential.'*  
– Martin Poole

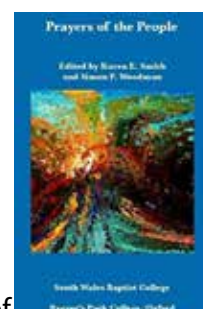


### Prayers of the People

Edited by Karen E Smith and Simon Woodman  
(Centre for Baptist History and Heritage)

Includes prayers from nearly 100 contributors, who between them encompass the depth and breadth of British Baptist life. Prayers of gathering, adoration, confession, thanksgiving, petition, intercession, sending out, as well as prayers for seasons and services. Written to mark the ministry of John Weaver in 2011.

*'In using their creative work, we are not 'reading when we should pray', but praying through the reading... allowing a book, as well as free prayer, to carry us into that eternal speech which resounds in the communion of the triune God.'* – Paul Fiddes



### Slow Down, Show Up & Pray

By Ruth Rice  
(Authentic)

Full of personal stories, reflective resources and practical guidance, this book will enable you to maintain your own wellbeing and encourage churches to provide Renew spaces.

*'This book is like a Narnian wardrobe, it pulls you into the possibility of a new way of doing things.'*  
– Shaun Lambert



Copies of *Gathering up the Crumbs*, *Love: Work* and *Slow Down, Show Up & Pray* are available to order from our online shop [baptist.org.uk/shop](http://baptist.org.uk/shop)