

Mid-Autumn Festival Package for HK-Welcoming Churches

Mid-Autumn Festival



Mid-Autumn Festival is an important traditional holiday for Hong Kongers. The Mid-Autumn Festival is celebrated on the 15th day of the eighth lunar month, which typically falls in September or October. It is a time for family reunions, gratitude, and prayers. This year, the Mid-Autumn Festival is on 29 September 2023.

The reasons why **Mid-Autumn Festival holds significant cultural and traditional importance** for Hong Kongers:

- 1. Family Reunion:** Hong Kong places great importance on family values, and the Mid-Autumn Festival provides an opportunity for family members to come together, enjoy a meal, and celebrate. It is a time for family reunions, strengthening family bonds and expressing gratitude for the presence of loved ones.
- 2. Festive Atmosphere:** The Festival brings a sense of joy and festivity to the city. Streets and public spaces are decorated with colourful lanterns, and there are often vibrant carnivals, lantern displays and Fire Dragon Dances (Fire Dragon Dance would be related to other religions). The festive atmosphere adds to the cultural vibrancy of Hong Kong.
- 3. Symbolism of Unity:** The full moon during the Mid-Autumn Festival symbolizes unity and completeness. Hong Kongers see this Festival as an occasion to promote unity, harmony and togetherness within families and communities. It serves as a reminder of the importance of fostering strong relationships and building a sense of community.
- 4. Traditional Food and Customs:** Hong Kongers enjoy various traditional foods associated with the Mid-Autumn Festival, most notably mooncakes. Mooncakes are exchanged and shared among family and friends, symbolizing unity and good fortune. Participating in these customs connects Hong Kongers to their cultural heritage and creates a sense of shared identity.



Overall, the Mid-Autumn Festival holds cultural, familial and symbolic significance for Hong Kongers. It provides an occasion to celebrate and honour their Chinese heritage, reinforce family bonds, enjoy festive activities and promote unity and togetherness within the community.

Activities

On the night of the Mid-Autumn Festival, people engage in various celebratory activities. One of the most well-known customs is **moon gazing**, where families gather to appreciate the full moon, symbolizing family harmony, unity and happiness.



Another significant tradition is the consumption of **mooncakes**, which are the main traditional food of the festival. Mooncakes come in various flavours and designs, symbolizing completeness and reunion.

Other common activities include **Lantern Displays**, also organised **outdoor activities** such as barbecues, picnics and lantern walks during the Mid-Autumn Festival.

Words you can put on your Power point and media

English Meaning: **Happy Mid-Autumn Festival**

Chinese Words: 中秋節快樂

Pronunciation: **Zung Cau Zit Faai Lok**

Bible verses we can use in Mid-Autumn Festival

Palms 133:1-3

How good and pleasant it is
when God's people live together in unity!
It is like precious oil poured on the head,
running down on the beard,
running down on Aaron's beard,
down on the collar of his robe.
It is as if the dew of Hermon
were falling on Mount Zion.
For there the LORD bestows his blessing,
even life forevermore.

詩篇 133:1-3

- 1 看哪，弟兄和睦同住
是何等的善，何等的美！
- 2 這好比那貴重的油澆在亞倫的頭上，
流到鬍鬚，又流到他的衣襟；
- 3 又好比黑門的甘露降在錫安山；
因為在那裏有耶和華所命定的福，就是永遠的生命。

James 1:17

'Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.'

雅各書 1:17

各樣美善的恩澤和各樣完美的賞賜都是從上頭來的，從眾光之父那裏降下來的；在他並沒有改變，也沒有轉動的影兒。

The graphic you can use in your church

