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**NAMs’ blank journal page**

This form is for NAMs to download and use as a template for their weekly journal, to use as the basis for discussion with their mentor.

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**NAM reflection journal for week commencing:**

**Experience**

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**Key features**

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**What did I learn for my own development?**

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**What did I learn that will help my church or other ministry/mission setting to grow?**

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**What are the implications for my ministry?**

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**What action should I take as a result of the experience and my learning from it?**

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**What need for more knowledge, skills or experience that will encourage my development has been revealed and how might I pursue this?**

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